



Public Webinar Series

Title: Crucial Questions: Insurance Coverage and Considerations for LSVT LOUD® and LSVT BIG®

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Jessica Galgano, PhD, CCC-SLP**

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Crucial Questions: Insurance Coverage and Considerations for LSVT LOUD® and LSVT BIG®



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Instructor Biographies

Jessica Galgano, PhD, CCC-SLP

Dr. Galgano received her doctoral degree in Biobehavioral Sciences from Columbia University in NYC. Dr. Galgano conducts research in the area of neurologic communication disorders and the neurophysiologic underpinnings of normal, aging, and pathologic voice production using neuroimaging techniques such as EEG and fMRI. She is an associate research scientist at NYU School of Medicine and Executive Director of Open Lines Speech and Communication in NYC, where she provides LSVT LOUD™ and other types of therapy to adults and children with a wide variety of speech and language diagnoses. Dr. Galgano conducted research with Dr. Ramig at Columbia University and is a faculty member and workshop leader for LSVT Global, Inc.

Laura Gusé, MPT, MSCS

Ms. Gusé received her Master's Degree in Physical Therapy at the University of North Dakota in 1997. Ms. Gusé has worked extensively in the area of neurodegenerative and neurological disorders both in outpatient and inpatient settings. She specializes in treatment of Parkinson disease and multiple sclerosis. She is certified in LSVT BIG, and is the LSVT BIG Chief Clinical Officer for LSVT Global, Inc.

Plan for Webinar

Logistics

Brief Review

Resources Available

Address your questions

Disclosures

Ms. Gusé and Dr. Galgano receive lecture honorarium and travel reimbursement from LSVT Global, Inc. as faculty for LSVT BIG Training and Certification Workshops. Ms. Gusé is an employee of LSVT Global, Inc.



STATEMENT ON DISCLOSURE AND CONFLICT: All members of this research team have fully disclosed any conflict of interest (Ramig and Fox) and their conflict of interest management plan has been approved by the Office of Conflict of Interest and Commitment at the University of Colorado, Boulder.

Greetings from New York City and Kentucky!

Jessica Galgano, PhD, CCC-SLP

Executive Director, Open Lines Speech and Communication
Faculty Instructor, New York University Langone School of Medicine

Laura Gusé, MPT, MSCS

LSVT BIG Expert Clinician
Chief Clinical Officer – LSVT BIG
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Health Care Today

Costs have gone up for patients, providers, and insurance entities

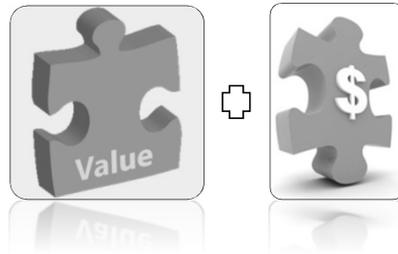


Payment Options for Therapy Services

- Insurance
 - ✓ Medicare
 - ✓ Medicaid
 - ✓ Private
 - ✓ Both
- Cash based
- Both



How Do Patients Make Choices?



Learn About Your Insurance Policy



- Insurance regulations are complex both for the consumer and the provider
- Understanding what your insurance covers and does not cover is vital. Read and ask questions!
- Patients and providers both have key roles in supporting positive reimbursement patterns for therapy services.

LSVT Protocols are One Choice

Effective

Evidence-Based

Functionally Relevant

Treatment Planning: A Team Approach

• Provider's Role

- Educate on LSVT BIG and/or LSVT LOUD and other therapy options
- Provide skilled therapy intervention that is medically necessary
- Document well and comply with all regulations
- Give your patient the choice – respect patient autonomy

• Patient's Role

- Listen to the provider's recommendations and education
- Make a choice based on information given and personal circumstances and values
- Follow through with treatment plan

LSVT BIG and LSVT LOUD – Evidence Based Treatment Protocols

- 4 Times per Week for 4 Weeks Minimum
- Individual One Hour Sessions
- Only delivered by LSVT BIG (PT/OT) and LSVT LOUD (Speech) Certified Clinicians

Supported by 20+ years of NIH funded research establishing treatment efficacy

Can LSVT BIG or LSVT LOUD be delivered in fewer than 16 visits?

Stick to the Evidence



NO

LSVT Protocols ARE Reimbursable!

- Reimbursement is supported by:
 - Research on LSVT protocols
 - Clinical outcomes-Consistent Functional Improvements
 - Subjective Patient Reports and Surveys

Exercise is medicine.
This is evidence based practice.

Reimbursement Considerations

- Do you have insurance?
- What does it cover/not cover?
- What is the appeals process?
- Do you have concerns about co-pays, co-insurance, out of pocket expenses, etc.?
- Do you have the ability to pay for part or all of the treatment?
- What choice will you make based on these considerations?
- What are the options?

Reimbursement

Basic Principles:

Insurance companies WILL pay (Medicare, United Health Care, Anthem/BCBS, Cigna, Oxford, Kaiser...)

You WILL get denials. Do not panic! This does not mean you cannot appeal and be reimbursed

Medicare

- Awareness of Medicare cap is important
 - The 2015 therapy cap is \$1940 for ST and PT combined. Cost for therapy requires use of the KX modifier: When you qualify for a medically necessary therapy cap extension, this modifier is required on the claim form.
 - Occupational Therapy (OT) has its own \$1940 cap separate from PT/ST
 - When services for ST and PT combined reach a \$3700 threshold, claims will be stopped and subject to a manual medical review to prove medical necessity above the cap. There is also a limit to the extension.
- Therapy or billing staff can look this up for you.

Reimbursement

Obtain pre-authorization if necessary:

- Some insurance plans require prior authorization for evaluation and/or therapy services – know this before you get into scheduling or you may not be reimbursed

Know the company's policy:

- Insurance policies for speech therapy are available online. (Cigna's is extensive and specifically mentions the LSVT LOUD-Companion under "computer based programs" – use that knowledge!)

Cash Based Services

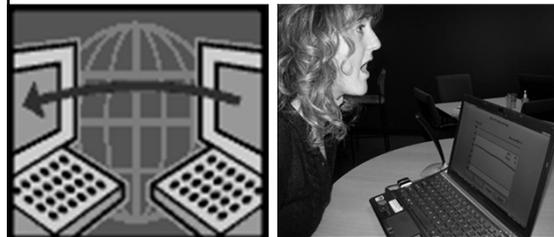
“Communication and Function are of great value.”

Reimbursement

Make sure your therapist is prepared with documentation (evaluation and progress reports, MD notes, specific LSVT prescription, letter of medical necessity) and take advantage of appeals processes

–Some insurers have peer-to-peer discussion with medical director available

–Sometimes it is simply a coding issue



LSVT eLOUD

Telepractice

LSVT LOUD Companion

Funded by: NIH-NIDCD & Michael J. Fox Foundation

www.LSVTGlobal.com

Reimbursement for LSVT eLOUD™

LSVT eLOUD
Telehealth/Telemedicine

Varies state to state

Check with individual
policies

Private pay may be an
alternative



Thank you!
Questions???

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Take Home Points

Really learn about your insurance policy and ask questions.

Seek treatment options that are evidence based. Use your \$ wisely.

LSVT BIG and LSVT LOUD are reimbursable and have great value.

You are important in achieving successful reimbursement for therapy simply by following the plan of care so you achieve good outcomes.

There may be situations where you have to make decisions about treatment options.

You have an important voice to make positive changes in healthcare!

Further Information and Resources

- Webinars - Clinician and PD Community
- LSVT Clinician Directory
- FAQs
- LSVT BIG and LSVT LOUD Homework Helper DVDs
- LSVT LOUD Companion Home Edition
- Future Development: LOUD for LIFE® and BIG for LIFE®