



LSVT Global® Professional Webinar Series

**Title: You've got questions, we've got answers!
Top 10 questions related to LSVT LOUD® and
LSVT BIG® treatments**

**Presenters: Cynthia Fox, PhD, CCC-SLP
Laura Gusè, MPT
Heather Cianci, PT, MS, GCS
Jessica Galgano, PhD, CCC-SLP
Bernadette Kosir, OTR/L, CAPS**

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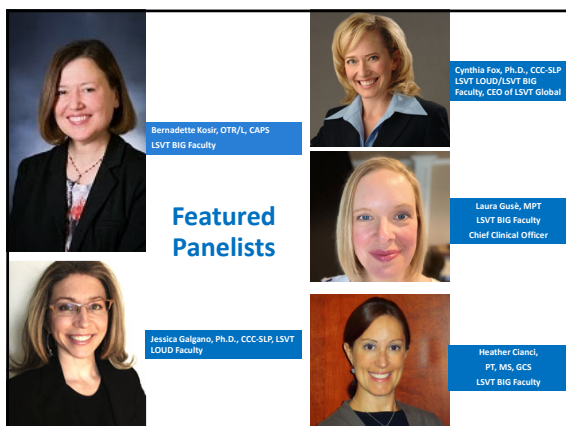
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Presenter Biographies

Laura Guse, BSPT, MPT
 Ms. Guse has extensive experience treating people with neurodegenerative disorders in various practice settings. She was LSVT BIG certified in 2009 and now serves as Chief Clinical Officer of LSVT BIG. Ms. Guse oversees the training, curriculum and product development related to LSVT BIG, and has helped to create many of the current LSVT BIG treatment tools, webinars, and courses. She has spoken at many national and international conferences on topics related to LSVT BIG.

Bernadette Kosir OTR/L, CAPS
 Ms. Kosir has over 30 years of OT experience, specializing in home health clinical leadership, quality process development, and innovative clinical education. Ms. Kosir has been LSVT BIG Certified since 2008. She is a certified trainer in Integrated Care Management for coordinated care of patients with chronic diseases including Parkinson disease, and is an NAHB Certified Aging in Place Specialist.

Heather Cianci, PT, MS, GCS
 Ms. Cianci received her PT Clinical Specialist Certification in Geriatrics in 1999 and her LSVT BIG Certification in 2007. She is the Geriatric Team Leader at the Dan Aaron Parkinson's Rehab Center in Philadelphia. She is a 2004 graduate of ATP and joined as ATP faculty in 2017. Ms. Cianci has written and lectured for several national PD organizations, on-line CEU providers, and PT programs at Philadelphia area universities. She is also a former board member for CurePSP.

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Presenter Biographies

Cynthia Fox Ph.D., CCC-SLP

Dr. Fox is an expert on rehabilitation and neuroplasticity and the role of exercise in the improvement of function consequent to neural injury and disease. She is a world leader in LSVT LOUD and conducted related efficacy research in Parkinson's and other disorders. Dr. Fox worked on the development of LSVT BIG. She is faculty for LSVT LOUD and LSVT BIG Training and Certification courses. Dr. Fox is CEO and Co-Founder of LSVT Global, Inc.

Jessica Galgano, Ph.D., CCC-SLP

Dr. Galgano received her doctoral degree in the department of Biobehavioral Sciences from Columbia University in NYC. Dr. Galgano has presented at national and international conferences and has authored and co-authored publications related to neurologic communication and voice disorders. She is a faculty instructor at NYU Langone School of Medicine and is the Executive Director of Open Lines Speech and Communication in NYC, where she provides LSVT LOUD and other types of therapy to adults and children with a wide variety of speech and language diagnoses. She is also adjunct professor at San Francisco State University. Dr. Galgano conducted research with Dr. Ramig at Columbia University and is a clinical expert, faculty member and workshop leader for LSVT Global, Inc.

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Disclosures

- All LSVT faculty have both financial and non-financial relationships with LSVT Global.
- Non-financial relationships include a preference for LSVT LOUD and LSVT BIG as treatment techniques.
- Financial Relationships include:
Dr. Cynthia Fox receives lecture honorarium and travel reimbursement and has ownership interest in LSVT Global, Inc. Laura Gusé is an employee of LSVT Global, Inc. All LSVT Faculty receive consulting fees, lecture honorarium and travel reimbursement from LSVT Global, Inc.

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Plan for Webinar

- Purpose- Answer the top 10 questions!
- Logistics: Please mute your microphones. Cameras are optional.
- Presentation of content
- Questions - type them in the chat box anytime
- Survey - emailed to you
- CEU Information



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Information to Self-Report CE Activity



- This LSVT Global webinar is NOT ASHA or state registered for CEUs for speech, physical and occupational therapy professionals, but it may be used for self-reported CEU credit as a non-registered/non-preapproved CEU activity.
- If you are a speech, physical or occupational therapy professional and would like to self-report your activity, e-mail webinars@lsvtglobal.com to request a certificate after completion of the webinar which will include your name, date and duration of the webinar.
- Licensing requirements for CEUs differ by state. Check with your state PT, OT or Speech licensing board to determine if your state accepts non-ASHA registered or non pre-approved CEU activities.
- Attendance for the full hour is required to earn a certificate.

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Learning Objectives



Upon conclusion of this webinar, participants will be able to:

1. Describe the goal of targeting amplitude in the LSVT protocols.
2. Explain the underlying sensory deficit in PD which requires calibration training for carryover of improved voice and movement into daily life.
3. Identify solutions which can make intensive treatment feasible and engaging.
4. List practical solutions for delivery of LSVT for therapists who work in home health.
5. Describe potential solutions for common insurance questions related to delivery of LSVT BIG/LSVT LOUD.
6. Summarize how to determine if patients who do not have PD might be appropriate for LSVT BIG/LSVT LOUD.
7. Recognize how LSVT LOUD and LSVT BIG can be delivered via telehealth.
8. List strategies and tools which can help patients to stay motivated and maintain treatment gains after discharge from therapy.

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Top 10 Questions from YOU!

1. What do "BIG" and "LOUD" actually mean, and what do they NOT mean?
2. It seems to be a very simple concept ("think BIG" and "think LOUD"), and I already work on BIG movements or LOUDER voice with my clients who have PD. Even though it's simple, why do they struggle so much to carry this over from session to session and to daily life?
3. Why is such an intensive therapy program necessary in someone with early PD, very subtle symptoms, independent -talking and moving well?
4. What if my patient can't come to outpatient therapy 4 times per week?
5. How can therapists use their creativity to make therapy fun for both them and the patient as well as personalized with "such rigid protocols"?
6. Can I see someone for LSVT LOUD/BIG via Telehealth? Is it just as effective?
7. How can I offer LSVT in Home Health?
8. Can you provide LSVT LOUD/BIG to someone who does not have PD? Do you still call it LSVT LOUD/BIG? Do you still use the same dosage and protocol?
9. Insurance won't authorize that many sessions or won't authorize 60-minute sessions, what do I do?
10. What are the best maintenance recommendations for patients? Will the effects disappear after treatment is over?

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Join us next month!

**"Life after LSVT LOUD® and LSVT BIG®:
Tips to help maintain treatment gains"**

Date: Wednesday, February 17, 2021
Time: 2:00 PM - 3:00 PM Eastern Time (EST) (UTC - 5 hours)

Learn how to maximize your success during LSVT treatment and maintain your gains long after your month of treatment concludes. LSVT Expert Clinicians will discuss information on homework resources, tune-up sessions, the LSVT Companion® software program to support in-home practice, and BIG for LIFE and LOUD for LIFE maintenance classes for LSVT graduates.

Register under "EVENTS" in our LSVT Link Blog:
<https://blog.lsvtglobal.com/>

Invite your patients!

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Thank you!



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Please complete the survey that will be emailed to you.
It will take five minutes or less to complete!

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